

9月15日(金) ワークショップ第3室(722)

ASSISTING LANGUAGE LEARNING WITH NEURO-LINGUISTIC PROGRAMMING

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NLP (Neuro-Linguistic Programming) studies the relationship between the nervous system, communication, and behavior of human beings. It asks the questions, “How do we get from the present state to the desired state?” and “How do people excel?” The method to answer the questions is called “modeling” — analyzing and learning to use the excellent strategies people (including oneself) have. It is therefore sometimes also called the “Psychology of Excellence.” NLP is not a collection of some super-human techniques: it simply makes explicit what many people already do naturally.

This workshop will introduce some of the specific applications of Neuro-Linguistic Programming to the teaching of English. It is intended for both those who are familiar with NLP and total novices.