

Guidelines for the submission of manuscripts

1. Manuscripts that are being submitted should be complete in all respects and be submitted in quadruplicate including an original typescript and three copies. Manuscripts deal with original material not previously published, or being considered for publication elsewhere and should be written in English.
2. Manuscripts should be written in clear, grammatical English. Papers that do not meet this linguistic standard will be returned to the author without review. It is recommended that authors who are not fluent in the English language should confer with colleagues knowledgeable in written English expression before submission. Papers should be intelligible to the general reader of the Journal, and should be condensed to the greatest extent compatible with clarity.
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4. Manuscripts should be submitted in double-spaced typing through including a reference list, footnotes, and figure legends; all sheets should be numbered serially. Page 1 (title page) should contain (1) the title (2) name (s) of author (s) and institution (s), (3) number of tables and figures, (4) running head, not exceeding 40 characters including spaces, and (5) name and for editorial correspondence including the telephone (Tel), Fax and E-mail numbers.
5. The title must explicitly represent the content of the manuscript. Authors are recommended not to use title such as "Studies on...", Part 1." Use of subtitles is not recommended.
6. The text should be as brief as possible and organized adequately classified headings, such as Abstract (300 words or less), Key words (5 or less), Introduction, Material (s) and Method (s), Results, Discussion and References.
7. Separate sheets should be used for each table with its serial number and a brief explanatory title. Explanatory titles of all figures should be written on a separate paper.
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9. The appropriate location of each table and figure in the text must be indicated on the right margin of the manuscript. Experimental results should not be covered in duplicate by the text, tables and figures.
10. References should be limited only to those having direct relevance to the subject of the paper. Normally they do not exceed 30 in number. In the text, references should be cited by the number in parenthesis arranged in alphabetical order of the first author.
11. In the reference list, reference should be entered as follows: reference number, names and initials of all authors, the year of publication, full title of article, name of journal, volume number, starting and ending page numbers. The form of citation of authors contributing a chapter to books should be similar to that for journals. Two examples are given.
 - 1) Ross J S, Sager O, and Ruf H (1937) Statistical analysis of the EMG from the point of view of amplitudes. *J Neurophysiol* 11: 232-236
 - 2) Wells C E (1960) Effect of exercise and coronary artery narrowing on coronary collateral circulation. In: *Circulation Res*, eds. Bortz A and Evang K, Elsevier Publ Co, Amsterdam, Vol 21B, pp 210-230
 Japanese journal with English abstract should be added the phrase, "in Japanese with English abstract" in parenthesis at the end of a reference. An example is given.
 - 1) Yamane K, Takeda A, and Nishiyama K (1961) Operant behavior during sleep. *Jpn J EEG EMG* 13: 145-147 (in Japanese with English abstract)
 References in the text should be listed in alphabetical order of the first author at the end of paper. It is strongly recommended that authors carefully examine each reference by direct confirmation of original publications.
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