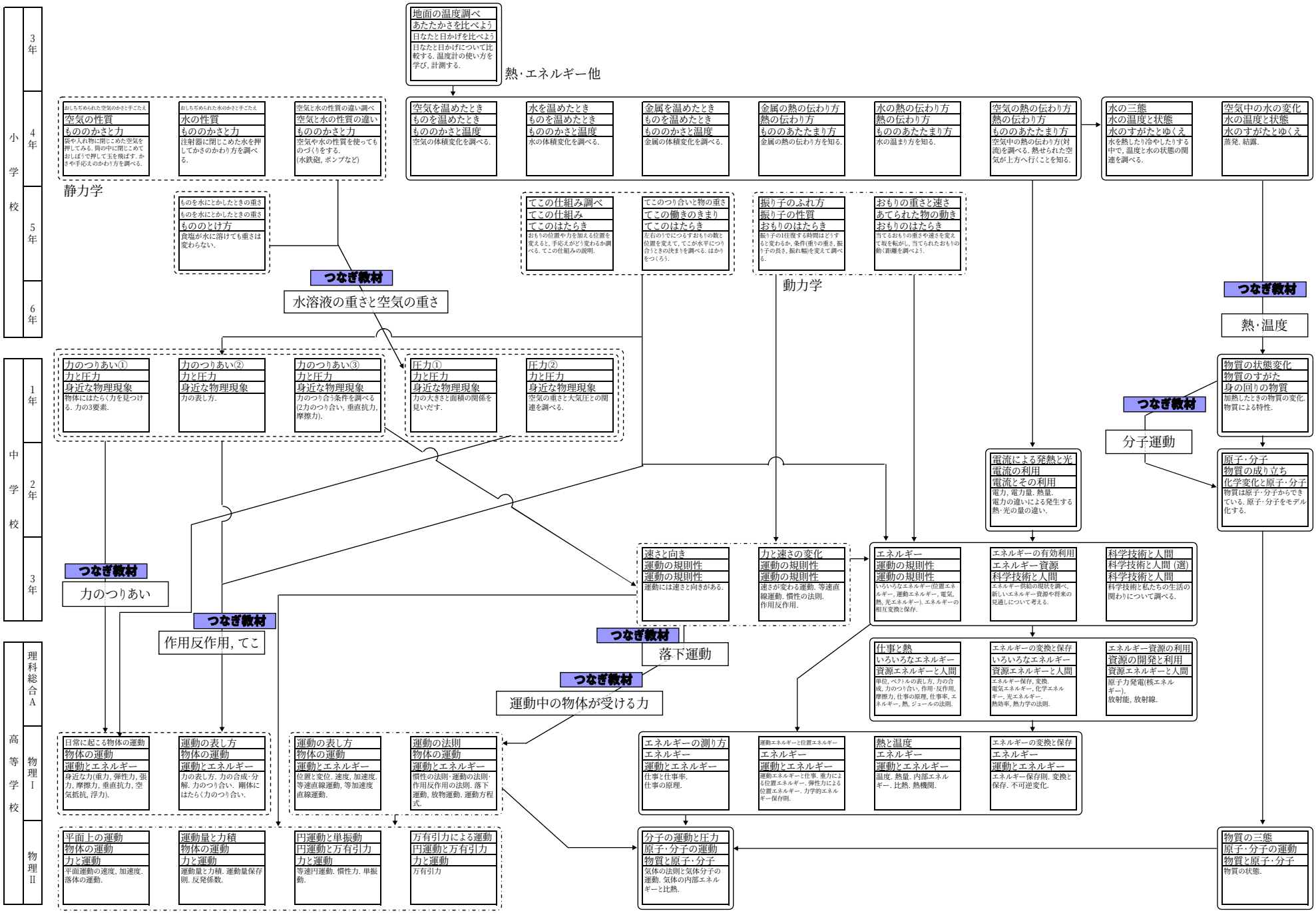物理分野 力学領域 学習系統図